



NIT BUSTERS, MYTH BUSTERS

DID YOU KNOW?

Kids with head lice don't always scratch. The only way to rule out infestation is to look carefully through your child's hair.

Head lice are only found on the human head.

Head lice and nits live in long, short, curly, straight, clean or dirty hair.

They are not found on family pets.

Shaving your child's head is radical and unnecessary!

Head lice do not live on furniture, hats, bedding, carpet or anywhere else in the environment.

Head lice don't leap or jump. They crawl from hair to hair, from one head to another.

Treating anything other than the human head does not get rid of head lice.

There is no way to prevent your child from getting head lice.

You may be able to help reduce transmission by tying girls' hair back and braiding it.

Never use insecticides, methylated spirits on your child's head.

Some essential oils, including tea tree oil, can trigger a reaction in some people. Tea tree oil is a proven antiseptic, but its effectiveness as a head lice treatment has not been demonstrated.

You don't need to use an expensive commercial product.

If you do decide to use a commercial treatment on your child's head, read the instructions very carefully.

